



Newsletter

March/April 2010 Edition

Urgently Needed

Volunteer Drivers for the Pickering Area

If you can help by volunteering as a car scheme driver or just want to know more please get in touch.

Call Sandi in the Volunteer Centre on 01653 600120 or contact Ryecat on 01653 699059



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Requests for Booking Forms for the 'Rail and Trail' Walk organised by Ryedale Charities Together are beginning to flood in.

Numbers will be limited, so make sure you don't miss the opportunity to have a wonderful day out at a bargain price – while at the same time helping seven valuable Ryedale charities.

The walk is taking place on **Saturday June 5th 2010** and the fees are only **£10 for a single walker, £16 for a walking couple or £20 for a family**. The event is supported by the North York Moors Railway and will use public footpaths and bridleways adjacent to the line of the railway from Pickering to Grosmont.

You can choose a walk between 4 and 18 miles and rail transport for walkers to and from the five stations will be provided as part of the entry fee for the Walk – making this wonderful value for money.

An extra facility this year is the opportunity to make it an even *more* relaxing day by buying packed lunches [or teas] from the Tea Room at Pickering Station. These will be available for walkers at a cost of £4.50 for adults and £3.50 for children – further details on the Booking Form.

A Reminder - you can obtain Booking Forms from:

Ryedale Charities Together's website: www.ryedalecharitiestogether.org

Or by emailing: post@rva-cvs.org.uk

By contacting Ryedale Charities Together – Tel: 0845 519 2575

Or by visiting the Tourist Information Centres at The Ropery, Pickering or at Malton Museum.

News

Sick notes are changing to fit notes in April 2010.

What is the fit note?

The Statement of Fitness for Work, or 'fit note', is a new Medical Statement that GPs will issue from 6 April 2010. It replaces the old 'sick note' and aims to focus on what an employee may be able to do at work rather than what they cannot do.

For more information visit the RVA website www.ryedaleva.org.uk/News.aspx

Goodbye from the BME Engagement Officer

Well this is it folks!

The BME (Black and Minority Ethnic) Project is signing off. Funding was available from the NYCC Community Fund for a two year project, and though we managed to eke it out for a little longer, this has now come to an end. I therefore leave my post on 31 March.

Highlights of my 15 months in this post have been working in partnership with North Yorkshire Police to set up 16 hate incident reporting centres; creating a blog for BME people; finding volunteers to plan and deliver a Turkish Culture Day at Norton College; and – best of all – the pleasure of meeting, talking to and offering help to people who have come to Ryedale from a different country or who belong to a different culture and way of life. Although I have only met a small proportion of them I hope that the ripples of this work will continue to spread.

The end of a project is a good time to take stock. We suspected it was unlikely that we would attract funding to carry on a BME project in Ryedale, due to the relatively low numbers of BME people living and working here. What has become clear as the BME Forum Ryedale Together has met over the last year is that there is a need to address issues across all the equalities strands – to pay attention to the needs of other minorities and disadvantaged people in our district: older people and youngsters, people with disabilities and people from the gay and lesbian community. So Ryedale Together will continue to meet as the Equalities Forum and will be looking for new members with an interest or expertise in these issues. If you are interested in joining this lively group that meets every two months to push forward work in equality and human rights, please get in touch with Andrea Hobbs, Chief Officer at RVA on 01653 600120 or andrea@rva-cvs.org.uk.

The Hate Incident Reporting Centres will also continue to function – and, I hope, flourish – under the guidance of Insp Tim Hutchinson at North Yorkshire Police. For more information contact Insp Hutchinson on 0845 6060247 extn 5610 or tim.hutchinson@northyorkshire.pnn.police.uk.

And me? Well it's not quite 'goodbye' because I'll still be at RVA (oh you can't get rid of me that easily!) I'll be continuing to work at Ryedale Counselling Service, in the same building, so our paths may well cross again! And finally, thank you to all those of you I have had dealings with over the last 15 months – it has been a pleasure to work with you.

Christine Bailey (ex BME Engagement Officer)

Training



Online Basics IT courses launched

New IT courses have been launched to give thousands of adults the skills and confidence they need to go online.

Online basics has been developed by the Department for Business, Innovation and Skills, UK Online centres and Becta.

Online basics will give beginners the skills

needed to get going online. People can do the short, free courses at their own pace, either at home if they have a computer and the internet or at a local UK online centre by logging on to www.onlinebasics.co.uk.

Online basics include five key modules covering the basics – using a mouse and keyboard, looking at the internet and keeping safe online.

(Free access to the internet is available in your local library)



North Yorkshire Forum for Voluntary Organisations organises a wide range of high quality, value for money, training aimed at voluntary and community organisations and their trustees, staff and volunteers. For more information and more courses go to www.nyfvo.org.uk or contact Jeanette at NYFVO, on telephone **01347 825710** or email jeanette.lilley@nyfvo.org.uk

North Yorkshire County Council Adult Learning Services Customer Service Award (2 day course)



Ideal for people employed or seeking employment in retail, reception/administration, schools and playgroups, hotels, cafes, museums, parks, leisure industries.

Offered in Pickering on 9 and 16 June 9.30 - 2.00pm at the Adult Learning Centre.

Cost: £33.00 or £15 if unemployed.

For more information please contact 0845 300 6681



This newsletter is sponsored by Escada Systems.

Escada Systems provides innovative technology developed by experienced engineers, delivering comprehensive control and traceability in shop floor systems integration within the Corrugated and Material Handling industries.

Escada Systems has a small group of companies based at their European headquarters in Swinton Grange, Malton and has an American subsidiary, Escada Systems Inc, in Atlanta, Georgia, USA. Escada Systems has been established for 25 years and currently employs 26 people in Malton as well as providing business for other companies in North Yorkshire.

Escada are currently developing new products and expanding their worldwide market.

For more information visit www.escadasystems.co.uk

Partnerships



IMAGINE RYEDALE...

Ryedale SP Wider Partnership Event - 18th February 2010

Every year Ryedale Strategic Partnership (Ryedale SP) holds an event for the Wider Partnership – the organisations and individuals who live and work across Ryedale. This year we decided to focus on some of the initiatives that are going on nationally, regionally and sub-regionally, to let people know about the bigger picture in which the Ryedale SP operates.

Fifty-four delegates from voluntary and community, private and public sectors met in the newly re-furnished civic rooms at Ryedale House, and heard an introductory report from County Councillor Clare Wood, Chairman of the Ryedale SP. She highlighted some of the projects funded in the past year, particularly those supporting volunteering; the setting up of a Delivery Group for the Partnership and the planned amalgamation of the Ryedale Strategic Partnership Board with the Board of the Crime and Disorder Reduction Partnership, Safer Ryedale, which will take effect from 1st April 2010.

Cllr Wood concluded by introducing the keynote speaker, Ernest Opuni of the Improvement and Development Agency for local government, who is currently working with all the councils in North Yorkshire on integrating the principles of Total Place, which was the subject of his presentation. Total Place is a new initiative that looks at how a 'whole area' approach to public services can lead to better services at less cost.

Following this excellent speech, delegates listened to four short presentations, about the Ryedale SP Priorities – Healthy Weight, Work and Skills, Community Transport and Community Engagement. Greg McGrath, Healthy Weight Manager for NHS York and North Yorkshire presented the statistics behind the obesity figures for Ryedale, which are improving. Martin Wynn, from the Learning and Skills Council (LSC) talked about how local skills delivery in North Yorkshire and Ryedale will change, following changes at the LSC.

John Laking, Policy & Development Manager at Integrated Passenger Transport, North Yorkshire County Council took the delegates through the latest draft version of the Local Transport Plan 3, due to come into effect in April 2011, and what it will mean for Community Transport in Ryedale.

Finally Andrea Hobbs, Chief Officer of Ryedale Voluntary Action, (which has a seat on the Ryedale SP Board) gave a presentation about the different ways in which RVA promotes community engagement, particularly Rural Voice, which will work to strengthen the influence that rural communities have in the formulation and delivery of public sector policy and provision.

If you have any questions about anything to do with the Ryedale Strategic Partnership, please contact:

Jo Reilly, Community Planning Officer, RDC

email: jo.reilly@ryedale.gov.uk

phone: 01653 600666 ext 312

Or visit the Imagine website at www.imagine-ryedale.org.uk

Local Focus

Events at



May

2nd : Iron Awe Day Celebrate our industrial heritage

3rd : May Day! May Pole Dancing and other activities

23rd : Classic Car Rally

Come and join us at the museum as we welcome a variety of classic cars.

- **Ryedale Folk Weekend - 29th-31st**

A great bank holiday weekend event for everyone with concerts, workshops and family entertainment. For tickets or more information please contact the Festival on the Moor Box Office on 01287 660200

June

5th – 18th : World War Two Fortnight

A fantastic opportunity to see the museum staged as a war time village and to find out what life was like during these eventful times, including our renowned:

5th – 6th: WWII Weekend

18th 7:30 Flossie – evening concert

Flossie Malavialle is a French singer involved in the British folk scene. Her repertoire is very open as she likes all sorts of different music genres: from Sinatra and Piaf classics, to songs full of 'vavavoum'.
Wheaton Aston Festival : A veritable show stopper!

26th-27th: Napoleonic Weekend

Join us to enjoy a look at the Napoleonic Wars with re-enactors, local historians, military demonstrations, traditional crafts and more!

To contact Ryedale Folk Museum

Tel 01751 417 367

Email info@ryedalefolkmuseum.co.uk

Green Steps to Well-Being

Next Steps, based in Norton have received an Ecominds grant of £35,000 to cover 2 years environmental activities. A variety of outdoor activities will be offered to members to increase their levels of activity and improve their mental well-being. It is well documented that physical activity has a very positive effect on mental health.

There are 4 separate parts to the project;

1. A new group to meet weekly at the Helmsley Walled Garden. The group will meet socially and take part in horticultural activities e.g. planting, potting up, taking cuttings and harvesting food.

2. A walking group – to go on a variety of short and longer walks in and around Ryedale. The group will be led by an experienced walker who will support members – all levels of ability will

be catered for.

3. Next Steps allotment – ever fancied growing your own veg? A weekly group will visit a Norton allotment and grow vegetables for the members' use and use in Next Steps community café.

4. Environmental volunteers will work on larger projects helping out at conservation tasks – more details about this project to follow.

If you are interested in any of the above activities, please call Mike Dixon, Next Steps' Manager on 01653 690854. We are very keen to hear from old members and new who would like to come along. As the weather finally breaks and we start to see signs of Spring, it's a great time to enjoy the outdoors and try and new activity.



Ecominds



Funding

Funding E bulletin

Ryedale Voluntary Action produces a regular funding ebulletin. If you would like to subscribe to this free of charge service please email post@rva-cvs.org.uk

Welcome to the Funding Advice Network

Voluntary and community organisations in York and North Yorkshire can access free advice and guidance on funding issues from their local Funding Adviser.

Funding Advisors provide the following support:

- Assistance with searching for sources of funding
- Guidance with writing quality funding applications
- Project planning and development
- Developing a funding strategy
- Advice on financial sustainability issues.

On the Funding Advice Network website www.ynyfundingadvice.org.uk you will find funding related news and information including statistical data for inclusion in funding applications, funding factsheets and links to other useful sources of information.



The Simpson's Trust

www.thesimpsonstrust.org

The purpose of this small trust is to be able to grant small sums of money to both organisations and individuals in the Malton, Norton and immediate area.

The deed specifies only that they should be 'deserving'. The amount available for distribution annually is approximately one thousand pounds, so the trustees generally award grants relating to small sums of money.

For more information, or to make an application, please contact the secretary:

Christine A M Grice

Garden Cottage

Settrington

YO17 8NP

Tel: 01944 768270 E-mail: pgrice65@btinternet.com

To contact the Funding Advisor:

Pauline Reeve Telephone: 01653 600120 Email: pauline@rva-cvs.org.uk

www.ynyfundingadvice.org.uk



VCS Services

Social Enterprise in Action

Action for Blind People is set to work with social enterprises throughout Yorkshire and the Humber to offer work experience placements to blind and partially sighted people looking for employment. Thanks to funding by the National Lottery through Big Lottery Fund, Action for Blind People has developed a Social Enterprise and Employment Development (SEED) Project dedicated to finding placements within social enterprises.

The host social enterprises will be offered a full package of support tailored to their needs, including advice on Health and Safety issues, access to specialist adapted equipment and Visual Awareness training. The majority of work placements will last between one day and two weeks and could provide a perfect lead-in 'working interview' for the DWP's Future Jobs Fund six month placements.

The aim of the SEED project is to open the eyes of employers to the abilities of blind and partially sighted people within the workplace. 81% of employers rated the performance of disabled employees as 'the same or higher' than non disabled people. If this is the case then why is it estimated that 66% of blind and partially sighted people of working age in the UK remain unemployed. Through the SEED Project, with the support of social enterprises, blind and partially sighted people could develop the skills and confidence they need to progress into employment.

If you would like more information about the SEED Project or becoming a host social enterprise, please contact the SEED team on 0113 386 2800, email kerry.chase@actionforblindpeople.org.uk or visit <http://www.actionforblindpeople.org.uk/seed-project.html>.

Guidance for Charities

The Charity Commission has a good range of publications available to download from:

www.charity-commission.gov.uk/supportingcharities/default.asp

Topics include: operational guidance, incorporating an existing charity as a company, audit and examination of company accounts, new duties for employers under the pensions act 2008.

Trustee and Governance Information Centre has now been launched

NCVO's Trustee and Governance Information Centre contains a wealth of information on a range of subjects relating to third sector governance and trusteeship ranging from the role of the trustee to changing your governing document.

For more information visit their website:

<http://www.ncvo-vol.org.uk/governanceandleadership>

KnowHow NonProfit presents **In the Chair** – a series of governance podcasts exploring how nonprofit and charity chairs are helping their organizations and fellow board members deal with times of crisis and change. Come and listen!

<http://www.knowhownonprofit.org/leadership/governance/in-the-chair>

VCS Services

Cambridge Centre DAYS (Drug & Alcohol Youth Service)

The Cambridge Centre DAYS (Drug & Alcohol Youth Service) is a service aimed at Young People up to the age of 18 who have issues with drugs or alcohol or are concerned about someone else's drug or alcohol use. We can also offer support to family members.

The Young Persons Team provide a quality assured service which is friendly, approachable, respectful and easy to access and our aim is to reduce the harm associated with drug or alcohol use to the communities of Ryedale, Scarborough and Whitby.

We offer a wide range of information, advice, one-to-one counselling and tailored short-term and long-term support to each individual young person. At present we are providing support to young people in almost all senior schools in Ryedale and also some junior schools in the area.

Our service is free, confidential and we will come and meet young people wherever possible and in a setting they most feel comfortable to meet us in.

Over the last 12 months the Young Persons Team have also provided a weekly evening outreach service in the Norton & Malton areas.

The aim of this targeted work has been to meet young people out on the streets and encourage them to be involved in the many positive activities taking place at the local youth club facility. Cambridge Centre detached workers have also offered advice, information and support around many issues, including drugs & alcohol and signposted young people to additional services that can offer help and support to them.

Lacey Madueke, Senior Practitioner & Ryedale Young Person's Alcohol and Drug Worker can be contacted by calling or texting her on her mobile phone or by stopping by the Cambridge Centre office on Newbiggin, Malton 01653 698547. If anyone would like an informal and confidential chat with Lacey about the DAYS service or to make a referral, call or text 07894 614117 or email lacey.madueke@cambridgecentre.org.

For further details of all the services that The Cambridge Centre can offer, please see our website www.cambridgecentre.org or contact our Head Office on 01723 367475

Useful Websites

www.ryedaleva.org.uk an online resource providing voluntary and community support.

www.knowhownonprofit.org a free information resource and online community, funded by the Lottery, covering every aspect of running a non profit organisation.

www.nyfvo.org.uk North Yorkshire Forum for Voluntary Organisations (NYFVO) is a registered charity formed and run by voluntary and community organisations in York and North Yorkshire to promote, develop and support new and existing forms of voluntary and community action; and to ensure that their views and interests are well represented.

www.volunteering.org.uk Volunteering England works to support and increase the quality, quantity, impact and accessibility of volunteering throughout England.